

Shopping List – France Crew (8 People)

Item	Quantity	Category
Bread rolls (ready-to-bake)	30-40	Bakery
Chocolate spread	1	Spreads & Breakfast
Red jam	1	Spreads & Breakfast
Yellow jam	1	Spreads & Breakfast
Bread spreads	3	Spreads & Breakfast
Muesli	1	Spreads & Breakfast
Cornflakes	1	Spreads & Breakfast
Oats	1	Spreads & Breakfast
Sugar	500g	Spreads & Breakfast
Vegetable broth	1	Pantry
Couscous or rice	500g	Pantry
Pasta Penne	1000g	Pantry
Canned tomatoes	4 cans	Pantry
Tomato passata	2 cans	Pantry
Tomato paste	1	Pantry
Olives	1	Pantry
Corn	3 cans	Pantry
Coffee	3	Pantry
Tuna	1 can	Pantry
Mayonnaise	2	Pantry
Ketchup	1	Pantry
Balsamic vinegar	1	Pantry
Olive oil	1	Pantry
Regular oil	1	Pantry
Coffee filter	1	Pantry
Salt	1	Pantry
Pepper	1	Pantry
Orange juice	4 liters	Drinks
Apple juice	3 liters	Drinks
Multivitamin juice	3 liters	Drinks
Coca Cola	35 cans	Drinks
Coca Cola Light	20 cans	Drinks
Fanta / Sprite	10 cans	Drinks
Water	50 liters	Drinks
Beer (cans)	100 cans	Drinks

Hand soap	2	Household
Dish detergent	1	Household
Dish sponge	1	Household
Sponge cloth	3	Household
Kitchen roll	4	Household
Toilet paper	10	Household
Aluminum foil	1	Household
Floor mop cloths	3	Household
Large trash bags (drawstring)	1 roll	Household
Small trash bags (min. 30L, drawstring)	1 roll	Household
Lighter / matches	1	Household
Butter / margarine	1	Refrigerated
Cream cheese	2	Refrigerated
Salami	1	Refrigerated
Cooked ham	1	Refrigerated
Cheese (variety)	1 kg	Refrigerated
Sheep cheese	2	Refrigerated
Plain yogurt	1 kg	Refrigerated
Eggs	30	Refrigerated
Ground meat	1 kg	Refrigerated
Cream / crème fraîche	2	Refrigerated
Parmesan	1	Refrigerated
UHT milk (screw cap)	8	Refrigerated
Apples	30-40	Fruits & Vegetables
Pineapple	2	Fruits & Vegetables
Peaches	10	Fruits & Vegetables
Grapes	1 bunch	Fruits & Vegetables
Melon	1	Fruits & Vegetables
Tomatoes	20-30	Fruits & Vegetables
Cucumbers	4	Fruits & Vegetables
Onions	1 bunch	Fruits & Vegetables
Zucchini	4	Fruits & Vegetables
Avocados	2	Fruits & Vegetables
Eggplants	4	Fruits & Vegetables
Red peppers	2	Fruits & Vegetables
Yellow peppers	2	Fruits & Vegetables
Green peppers	2	Fruits & Vegetables
Spring onions	1 bunch	Fruits & Vegetables

Parsley	1 bunch	Fruits & Vegetables
Fresh mint	1 bunch	Fruits & Vegetables
Garlic	3-4 bulbs	Fruits & Vegetables
Lettuce	2 heads	Fruits & Vegetables
Potato chips	3	Snacks
Dried fruits	2	Snacks
Tortilla chips	3	Snacks
Crackers	4	Snacks
Wraps	18	Snacks
Red salsa	2	Snacks
Herb dip	2	Snacks
Pretzel sticks	3	Snacks
Trail mix	1	Snacks
Nuts	2 cans	Snacks
Chocolate cake	2	Snacks
Gummy bears	2	Snacks
Cookies	4	Snacks